



马来西亚卫理公会华人年议会 Chinese Annual Conference of The Methodist Church in Malaysia

在家准备圣餐指南

Preparation for Holy Communion at Home



Attitudes in Preparation

准备圣餐的心态

- 喜乐 Joyful
- 恭敬 Reverence
- 祷告 Prayerful



预备圣饼祷告

Preparatory Prayer for Bread

Elements of Holy Communion

圣餐的预备

圣饼 BREAD

“创造万物的主，我们赞美祢！因祢的慈爱，我们献上这地所供应及藉着人手所做的饼。我们为此感恩，因它将成为我们生命的粮。奉耶稣基督的名祷告，阿们。”

“Praise be to You, God of all creation. Through Your goodness we offer this bread, which earth has given and human hands have made. Thank You that this will become for us the bread of life. In Jesus Christ. Amen.”



Elements of Holy Communion

圣餐的预备

圣饼 BREAD

首选 1st CHOICE

白面包 White Bread

次选 2nd CHOICE

苏打饼 Cream Cracker

将面包或饼切/掰成小块

Cut/break bread or cream cracker into small pieces



预备圣杯祷告

Preparatory Prayer for Cup

Elements of Holy Communion

圣餐的预备

圣杯 CUP

“创造万物的主，我们赞美祢！因祢的慈爱，我们献上这杯，葡萄的果实及人手所酿造的葡萄汁。我们为此感恩，因它将成为我们灵命的粮。奉耶稣基督的名祷告。阿们。”

“Praise be to You, God of all creation. Through your goodness we offer this cup, fruit of the vine and work of human hands. Thank You that this will become our spiritual sustenance. In Jesus Christ. Amen.”



Elements of Holy Communion

圣餐的预备

圣杯 CUP

首选 1st CHOICE

葡萄汁 Grape Juice

次选 2nd CHOICE

红 / 紫色汽水

Red/Purple colour Soda Drink

若这两样的都没有，才用白开水
Last resort, use plain water.

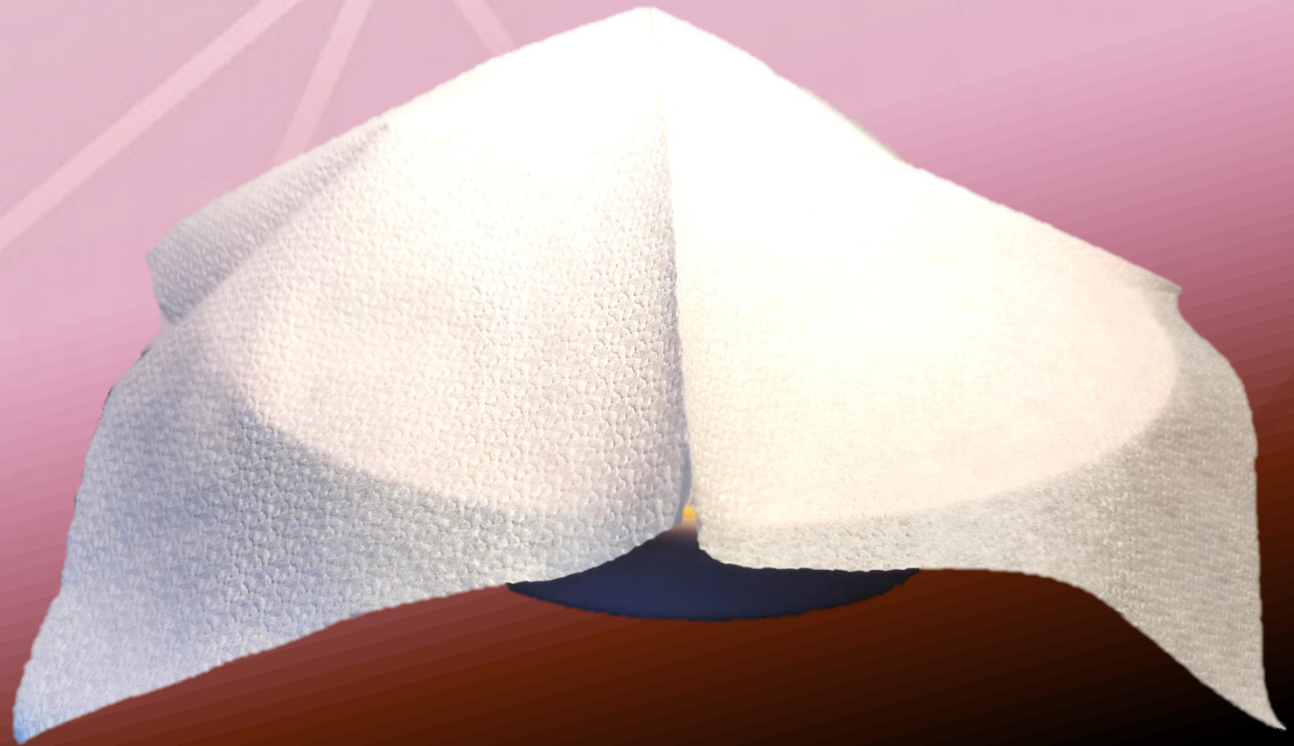


Elements of Holy Communion

圣餐的预备

用白色面巾或纸巾
盖住圣餐饼杯。

Cover the cup and bread
with a **clean white cloth**
or **tissue paper**.





During Holy Communion 圣餐的进行

根据线上崇拜
牧师的指示
来领受圣餐

Follow the instructions
given by the pastor through
the online worship.